**Food for thought**

**Programme of visit to Iceland 25.04 – 03.05.2022**

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| **Monday 25.04** |  |
| **Time** | **What** | **Participants task** | **Kennarar** |
| **11:00** | Pick up at the hotel in Reykjavík. | Be ready in front of the hotel | Hermann og María |
| **11:15 – 12:30** | Sightseeing around Reykjavík |  |  |
| **12:30 -**  | Fly over Iceland | Discover Iceland from above |  |
|  | Deildartunguhver | Hot water spring |  |
| **Tuesday 26.04** |  |
| **Time** | **What** | **Participants task** |  |
| **08:30 – 09:20** | Welcome by the principal and tour around the school |  | **Sólrún og Hrafnhildur** |
| **09:20 – 09:40** | Porridge in the cafeteria  | Students and teachers can get a free porridge or bring their own thing to eat at the coffee break. |  |
| **09:40 – 12:00** | Students present them self and their schools. Icelandic lesson.  | To present them self and their school. Learn some basic word´s in Icelandic. |  |
| **12:00 – 13:00** | Lunch break |  |  |
| **13:00 – 14:20** | Ice breaking games in and out of school | Student´s take part in games in school. |  |
|  |  |  |  |
| **15:30** | Buses go to Stykkishólmur and Snæfellsbær | Student´s go home to their families |  |
| **Wednesday 27.04** |  |
| **08:30** | Students arrive at school |  |  |
| **08:45** | Departure from school to [Bjarnarhöfn Shark Museum](https://www.facebook.com/sharkmuseum/)  | Student´s get a guided visit to the museum and get to taste shark and rye bread and learn how the shark meat is processed |  |
|  | We continue our trip around the Snæfellsnes peninsula and visit the Lágafell greenhouse.  | Students get to know how we grow our vegetables in greenhouses |  |
|  | Visit the natural geothermal spring at Ölkelda | Students get to taste and bathe in a geothermal spring water |  |
|  | Walk from Hellnar to Arnarstapi. We take a one hour walk from Hellnar an old fishing village to Arnarstapi another fishing village. | Students walk in the path of old fisherman´s along the coastline of Snæfellsnes from one fishing village to another. We will learn about the fishing grounds around the peninsula and also the birds and their eggs which is a part of the Icelandic cusine. |  |
|  | Lunch at Arnarstapi | We will have lunch at the old meeting place at Arnarstapi |  |
|  | Djúpalónssandur | We will visit Djúpalónssandur once the mane harbour for fisherman´s in Iceland. Student´s will learn more about the fishing industry in Iceland and try them self with the fisherman’s stones  |  |
|  | Malarrif – the visitors centre of the national park of Snæfellsnes | Visit to the lighthouse of Malarrif and students get to visit the visitors centre of the national park |  |
| **Around 18** | arrive back at school |  |  |
| **Thursday 28th of April** |  |
| **08:30** | students arrive at school |  |  |
| **09:00** | Day in Grundarfjörður | We will visit fish factory in Grundarfjörður and the harbour and the fish market. We will also visit local restaurant that are doing some experiments with the fish that he uses and learn what he´s doing. |  |
| **Friday 29th of April** |  |
| **09:00** | Student´s arrive at school | We prepare lunch package for each one before a walk |  |
| **10:30** | Walk around Kirkjufell | Student´s walk around the mountain Kirkjufell and learn and see how farmers in Iceland lived and do live today and how the Icelandic sheep is. |  |
| **13:00** | Back at school |  |  |
| **13:30** | Kleinubakstur | Students learn how to make the Icelandic traditional semi sweet Kleina |  |
| **17:00** | Dinner at school |  |  |
| **Saturday 30th of April** |  |
| Students prepare activities for each other where they learn how it is to live in a small fishing village. Activities might include swimming, climbing and hiking. |  |
| **Sunday 1st of May** |  |
| Students and their parents prepare activities for this day. |  |
| **Monday 2nd of May** |  |
| **08:30** | Students arrive at school |  |  |
| **08:45** | Day tour to Stykkishólmur | Student´s visit the town of Stykkishólmur where they will visit the Nordic house, go on a fishing trip in Breiðafjörður and visit the Water museum.  |  |
| **15:20** | Students arrive back at school |  |  |
| **Tuesday 3rd of May**  |  |
| **08:30** | Student´s arrive at school |  |  |
| **09:00** | Summary of the activities  | Student´s will work on a project where they will manifest what they have visited, seen and learned during their visit. |  |
| **12:15** | Lunch at school |  |  |
| **13:00** | Continue the summary work |  |  |
| **15:20** | Students go home from school |  |  |
| **Wednesday 4th of May** |  |
| **09:00** | Departure from Grundarfjörður |  |  |